



Cancer Champions

POWYS LATEST NEWS - NOVEMBER 2023

Cancer Champions bilingual flyer



OUR NEXT
OPEN TRAINING
DATE:

Tuesday, 16th January
Plas Dolerw
Milford Road
Newtown
SY16 2 EH

For more information or to book
a place, please contact
helen.davies@lingendavies.co.uk

The bilingual Powys Cancer Champion flyers are now available and will be circulated throughout Powys to promote the Cancer Champions initiative.

If you would like copies of the flyer for your use as a Cancer Champion, please get in touch. Our thanks go to all who contributed to its development, especially Lliwedd Jones from PAVO and the Cancer Champions who agreed to be in the flyer photograph.

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Trained champions

Cervical Cancer Elimination Day Of Action



The 17th November 2023 was the World Health Organisation (WHO) Cervical Cancer Elimination Day of Action.

Cervical Cancer is the fourth most common cancer among women and is preventable through the HPV Vaccination and curable if detected early through cervical screening and treatment. The WHO are working towards eliminating cervical cancer worldwide by 2030.

‘Cervical Screening Wales is responsible for the NHS cervical screening programme in Wales.

Cervical screening can prevent cervical cancer from developing, or pick it up at an early stage.

The cervical screening (smear) test will look for high-risk types of Human Papillomavirus (HPV) that can cause cell changes on the cervix. Finding cell changes can prevent cervical cancer from developing. Women and people with a cervix aged between 25 and 64 are able to have cervical screening in Wales’

<https://phw.nhs.wales/services-and-teams/screening/cervical-screening-wales/>

[Sgrinio Serfigol
Cymru
Cervical Screening
Wales
links](#)

[Reasons to attend
Cervical Screening](#)

<https://phw.nhs.wales/services-and-teams/screening/cervical-screening-wales/about-cervical-screening/reasons-to-attend-cervical-screening/>

[HPV Vaccine](#)

<https://phw.nhs.wales/topics/immunisation-and-vaccines/vaccination-information1/hpv/>

Thank You Powys Talking Newspaper

Powys Talking Newspaper are a voluntary organisation who provide weekly audio copies of The County Times and The Brecon and Radnor newspapers. They have kindly promoted the Cancer Champions initiative in a recent edition to ensure the importance of uptake of screening and early reporting of signs and symptoms reaches people who have a visual impairment. To help those who need accessible resources we are hoping to update our Cancer Champion website, with more links soon.

Breast Cancer Awareness

Newtown Knit and Natter have been busy as always and in October they held their annual Pink event. Cancer Champion, Paula Roberts used some of the Cancer Champion training slides to provide breast cancer awareness information to group members and those who attended were encouraged to wear pink. They enjoyed pink cakes, carried out pink craft activities and had the opportunity to purchase Ferrero Rocher stuffed boobies to raise funds for Breast Cancer Now.



The Ferrero Rocher stuffed boobies!



Cancer Champions

COFFEE CATCH UP

If you know someone who would like to have more information about becoming a Cancer Champion they are welcome to come along to the Coffee Catch up or they can get in touch with Helen Davies, Powys Cancer Champion Coordinator by email helen.davies@lingendavies.co.uk.

On Tuesday, 28th November
3.30 - 4.30 pm
The Raven
Welshpool
SY21 7LT

If you intend to come along or need more resources please let Helen know so that she can bring everything you need - thank you.



